

# Port Warwick Dental Arts: Changing Lives One Smile at a Time

**D**r. Lisa Marie Samaha understands that a healthy, appealing smile improves your health and boosts your self-esteem. It can be an outward expression of your inner value. Samaha, of Port Warwick Dental Arts in Newport News, also understands that fear, finances, or both may be keeping you away from the dentist's chair. Samaha and her talented team compassionately work to ease your fears, develop a financial plan to meet your needs, and then make your dream smile a reality – all in record time.

Dr. Samaha is a nationally recognized figure in cosmetic dentistry and periodontal care and she's passionate about providing excellent dental health for her patients. "My team and I have invested in thousands of hours of advanced continuing education in cosmetic and reconstructive dentistry, oral surgery, and periodontal treatment and surgery," says Samaha, whose youthful appearance belies the fact she has been in practice nearly 27 years. She has also invested hundreds of thousands of dollars in leading edge technology which allows her to treat patients more effectively, more efficiently and more comfortably. Dr. Samaha has no shortage of patients locally and nationally with transformed smiles who serve as unofficial ambassadors for Port Warwick Dental Arts. Many of these patients have suffered for decades from dental problems so severe they felt they could not be helped.

But dental health is not merely a cosmetic issue. Scientific research shows eliminating dental disease causes your entire body to become healthier. Benefits often include reducing high blood pressure, preventing heart attacks and strokes, as well as reducing diabetic complications, respiratory disease, the pre-term birth of babies and the risk of various cancers.

"There's often a tremendous amount of fear and shame for these individuals," Samaha says.

"They frequently have massive decay, gum infections, multiple teeth that are rotted off at the gum line or are falling out because they've been avoiding dental care. When they find out we have taken care of hundreds of patients like them, they gain the courage to come to us. With a consultation and high-tech cosmetic imaging, we can give them a crystal clear vision to hold on to. We give them hope."

Coco Pauley is one of Dr. Samaha's many success stories. Dr. Samaha transformed Pauley's smile within a few visits, by removing multiple diseased teeth and restoring them with partial and complete dentures. "I went from a life of shame to one of absolute pride," Pauley says in a testimonial on Dr. Samaha's website. "I have a fresh, new, absolutely beautiful smile. I never knew going to the dentist could be such an awesome experience."

Once you make the decision, you're on the fast track to a healthy, spectacular smile. First, during a complimentary one-on-one consultation, Dr. Samaha will listen to your concerns and answer all your questions. Next, you'll return for a comprehensive new patient exam of two or three hours. This exam includes a sophisticated chemo luminescent oral cancer exam, a comprehensive microscopic level dental exam of your teeth and periodontal (gum) tissues, digital x-rays, impressions of your teeth and digital photos of your teeth, your smile and facial structure. Samaha and her team will also provide nutritional counseling and review all aspects of oral hygiene. Then, her work really begins. She will spend hours analyzing your records, taking measurements, communicating with her highly skilled lab technicians and reviewing your needs and desires. Then she'll design a complete, long-term plan to restore your dental health and create your beautiful smile.



At the next visit, Dr. Samaha will review your proposed treatment plan and you'll see a photograph of you with your proposed, transformed smile. Then, the Port Warwick Dental Arts' Patient Care Coordinator and Financial Administrator will come up with a schedule of treatments and payments to meet your budget. "This is when a true sense of relief really begins for these patients and hope happens," Samaha says.

In many other practices, treatment could take months or even years. Not here. Although she is not a specialist, Samaha is an expert skilled in many areas of dental care, which means her patients often can avoid multiple appointments to specialists. On many occasions, Samaha and her experienced team complete more than 20 visits of treatment for one patient in a single day.

"Many of our patients are so relieved to have someone finally taking care of them that they become extremely relaxed and often fall asleep on their own during treatment," Samaha says. "We consider this the greatest compliment – that they trust us so much and feel so comfortable in our hands."

"In one day, a patient goes from the absolutely devastating effects of dental disease – not just on the mouth but on the entire body – to the eradication of dental disease and infection," Samaha says. You'll leave with a beautiful smile and improved health.

"I don't plan for my patients' dental health just for today, tomorrow or next year," Samaha says. "I plan for my patients' lifetimes."

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## Dr. Lisa Marie Samaha

Creating beautiful smiles in  
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—Coco Pauley