

DR. LISA MARIE SAMAHA

A BEAUTIFUL SMILE LIGHTS UP A ROOM



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and Dental Medicine

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Dr. Lisa Marie Samaha

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Where Smiles Become Works of Art

"People are drawn to a beautiful smile. It lights up a room, it draws people in," says Dr. Lisa Marie Samaha. It is this belief that drives the overall vision for Port Warwick Dental Arts.

So why is PWDA unique? Patients know the reasons and love to tell their stories. They value the PWDA commitment to excellence, its personalized, comprehensive approach to dental medicine, and its guiding philosophy that blends oral and holistic health with the natural beauty of our smiles.

The creation of a healthy smile can be life-changing. Betty Puryear of

Newport News says, "I think I look beautiful for the first time in my life! Most of all, I am more beautiful than ever for my husband. And my new smile looks so natural. No one would ever know... Since Dr. Samaha treated my periodontal disease, I feel younger and more energetic and I smile all the time which is wonderful - because I love to smile!"

Dr. Samaha knows that having a beautiful smile is vitally important to our sense of confidence and emotional health. And the influence of oral health on total physical health cannot be overstated. "Research throughout the world has yielded thousands of studies linking periodontal disease to heart attack, stroke, high blood pressure, diabetes, lung disease, cancer, Alzheimer's disease, infertility, and serious pregnancy complications," says Dr. Samaha.

Just how important is it to take care of your oral health? "Periodontal disease is the most common undiagnosed and untreated disease in the world," Dr. Samaha says. The numbers reflect a serious problem—research shows that approximately 80 percent of the U.S. population has periodontal disease. Though 50 percent of Americans visit their dentist regularly, only 10 percent are being diagnosed, and only 1 percent are actually being treated.

Dr. Samaha's care meets the needs of young and old alike, and the importance of oral health does not diminish with age. Systemic disease and breakdown of teeth and periodontal tissues often accompany aging. Dr. Samaha and her team are committed to enhancing their patients' overall health and well-being through one-on-one, personalized attention.

Think about it. For most, going out to dinner with close ones is a highlight, a memorable event. Without healthy teeth and gums, some feel physically uncomfortable and emotionally embarrassed. It doesn't have to be that way. "There are so many options to transform such a frightening reality into a spectacular success. Veneers, crowns, bridges, implants, implant-supported dentures and implant bridges offer strength, vitality, confidence and beauty.

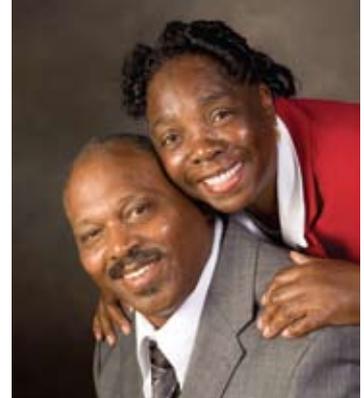
PWDA meets the needs of patients through a wide variety of unique services. Dr. Samaha's 26 years of extensive training in a broad range of dental treatments allow her to respond effectively to the complex dental care requirements of adults who are committed to saving their teeth for life.

"During the most comprehensive dental examination I have ever had, many areas of severe disease were discovered that had been overlooked by my previous dentist. From then on, the rest was a snap. It was clear that immediate treatment was needed. As a result of Dr. Samaha's expertise and careful planning, years of damage and disease were taken care of in just a few visits," says Waseem Shaheen of Hampton.

Dr. Samaha emphasizes the link between the beauty of the smile and one's overall health, knowing that one has a great impact on the other. "When someone has an unattractive smile, he or she often doesn't look healthy. It doesn't matter how healthy or fit their body appears to be, they just don't appear to be healthy. Often, they really aren't," she says. Oral diseases can wreak havoc on the health of the rest of the body and in some cases can cause catastrophic problems, including death.

"Dr. Lisa will never know how much she changed my life! I went from a life of shame because of my teeth to one of absolute pride. She did it all in such a short amount of time, leaving me with a fresh, new, absolutely beautiful smile! Best of all, I know I am healthier in every way," says Coco Pauley of Newport News.

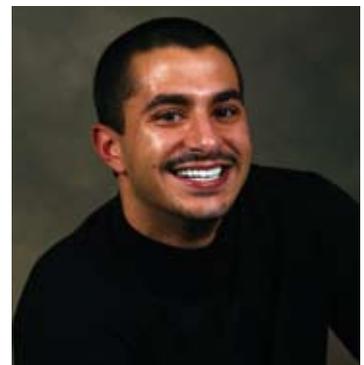
The practice of Cosmetic Dentistry and Dental Medicine at PWDA is one that Dr. Samaha and her highly trained team put their whole heart into. They know a smile is universal. Dr. Samaha acknowledges that creating that beautiful and healthy smile is often a challenging task. "But helping to create a healthy smile is a powerful and rewarding thing... a beautiful smile crosses all barriers of socioeconomic and ethnic status. As they say, a smile is the same in any language."



"I feel younger and more energetic and I smile all the time..." — Betty Puryear of Newport News pictured with husband, Major Puryear, another patient of Dr. Samaha.



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