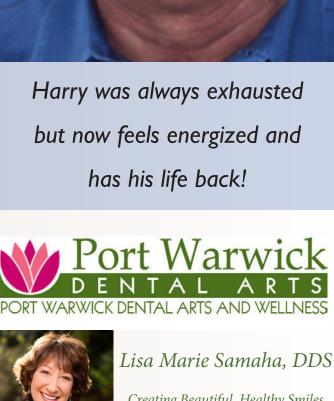
## Do You Toss and Turn? Wake up Feeling Exhausted?

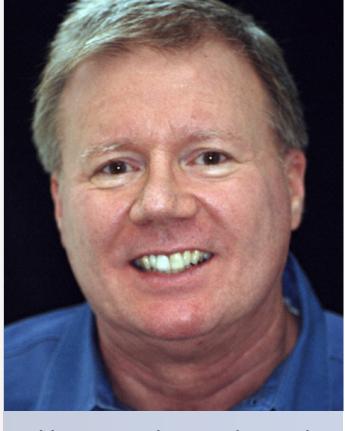
"In 2004 I was admitted to the emergency room of our local hospital and diagnosed with atrial **fibrillation.** Up to that point, I thought I was in good health. The doctors ran the necessary tests but could not explain to me what caused the condition. I was prescribed two potent medications and was on those drugs for two years. The side effects of the medications were horrible and worst of all, I couldn't think clearly and was exhausted all the time.

One day, Dr. Samaha gave me a questionnaire that asked 'Has anyone ever told you that you snore?' The answer to that question was 'yes!' Dr. Samaha gave me a referral to a Sleep Physician who told me I had the worst snoring problem he had ever seen. That led me to the 'CPAP' machine as well as other options which were cumbersome and caused my sleep to be restless. Dr. Samaha provided me with a custom-fitted oral appliance and my sleep improved considerably. I was able to fall asleep and wake-up in the same position eight hours later! Soon, I was no longer exhausted all the time. I felt like I had my life back after many, many years.

After feeling dramatically better from use of the snoring appliance, I wanted off my prescription medications but was told "No" by the specialists. However, because it was such a blessing, I told my doctor I wanted to go off the drugs anyway. And I did. He monitored me and later I was reevaluated for my atrial fibrillation with an EKG at our local hospital. The atrial fibrillation was no longer present! I can truly say that what Dr. Samaha did for me dramatically changed my health, and my life!"

> Harry G. Broskie Newport News, Va





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