



Straight Teeth by Summer: Six Month Smiles® Offers Affordable, Nearly Invisible Braces on the Fast Track



Written by
Dr. Lisa Marie Samaha

Will Six Month Smiles® work for me?

Six Month Smiles® is mainly for those who wish to cosmetically enhance their smile as opposed to those who need major bite or jaw realignment.

Can I afford Six Month Smiles® braces?

Six Month Smiles® typically costs less than other types of orthodontics. Our office actually offers 2 financing options that allow you to make affordable monthly installments.

Does it hurt and do I have to have teeth removed?

Six Month Smiles® is a conservative treatment designed to safely and gently straighten your teeth—primarily the ones that show when you smile. There is very minimal, if any, discomfort at all. And great news! Teeth are rarely ever extracted.

Will I get a retainer?

Yes! Many patients have come to us who have had braces at some point in their lives and their teeth have shifted because they never wore their retainer. In today's busy world, "one less thing to worry" about is something we can all appreciate. After your treatment is complete, a slim, bonded retainer helps to keep your teeth in place so your investment in your new, straight smile is preserved. The retainer is not visible. Best of all you won't ever have to think about it again! Let's just say, "Set it and forget it!" However, if you prefer, a removable retainer can be made instead.

Are there any health advantages to getting braces?

As an added bonus for those who think braces are

only equated with vanity - straighter teeth mean a healthier mouth. Crooked teeth can cause periodontal swelling and inflammation because the gum tissue is crowded out, and because it's difficult to properly clean teeth when they are overlapping. Not only do Six Month Smiles® braces allow an adult to enjoy a healthy, more youthful smile, they also help to resolve the periodontal problems encouraged by crowded teeth.

How do Six Month Smiles® compare to Traditional Braces?

Six Month Smiles® uses tried and tested orthodontic materials and principles in an innovative manner.

Traditional braces often take more than 2 years.

Because this is such a quick method, it makes my dentistry even more well-rounded because it opens up new cosmetic treatment planning possibilities for my adult patients that never existed before. Many times we can save a patient many thousands of dollars in porcelain veneers by simply putting them in Six Month Smiles® for... well... six months!

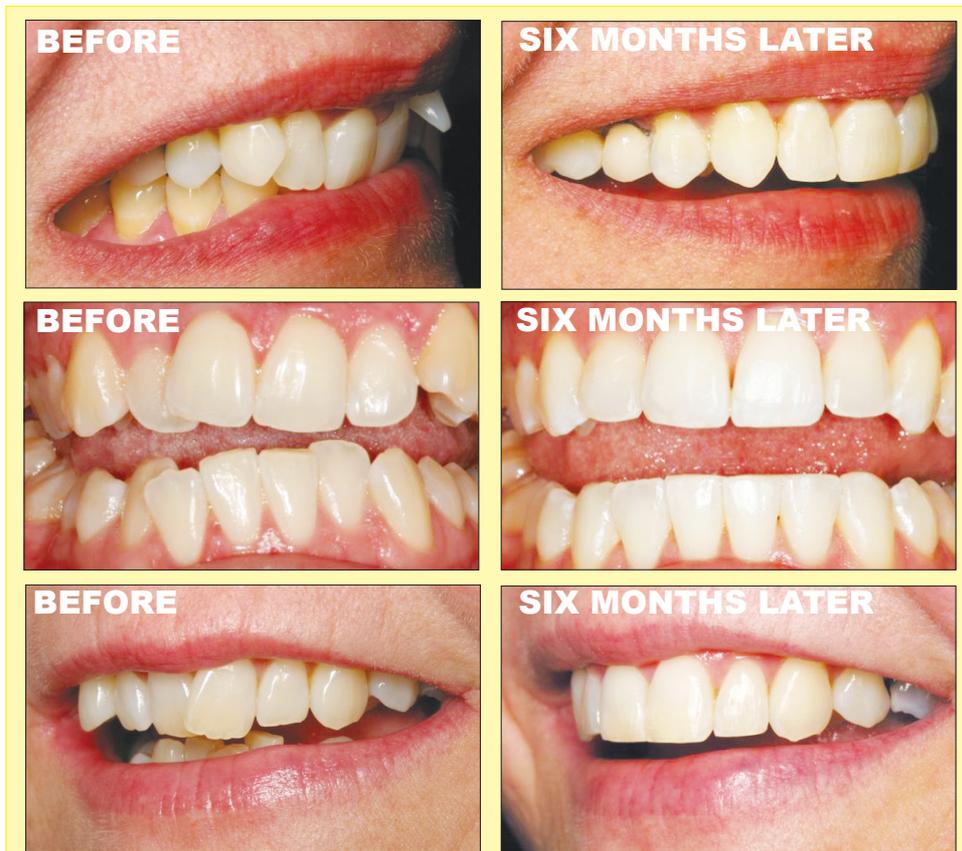
There are still times when traditional braces are necessary. Typically, an orthodontist would be involved in such cases.

Are the braces really clear?

Six Month Smiles® braces are actually designed with tooth colored brackets and wires, meaning that they literally blend right in with your natural tooth shade.

Does it really only take six months?

Yes, it's true! And to top it off, we have actually completed cases in as little as 4 months. On a rare occasion, we might need a little additional time.



The above photos depict examples of Six Month Smiles® and are no guarantee of results. Photos provided by Six Month Smiles®

Great News!

At Port Warwick Dental Arts, once your smile is straight and your case is finished, you'll receive complimentary custom-fitted whitening trays to brighten your smile (\$750 Value).

Dr. Lisa Marie Samaha graduated from the Medical College of Virginia School of Dentistry, Virginia Commonwealth University, and has been in the private practice of General Dentistry in Newport News since 1982. Her practice philosophy centers on comprehensive dental care, especially for the individual with severe, even debilitating levels of dental disease. Her care also includes cosmetic and periodontal therapy, including the treatment of sleep apnea and snoring, migraines and TMJ problems. In addition to her well established private practice, Dr Samaha has a wide-spread reputation as the Founder and Director of the Perio Arts Institute, nationally recognized for teaching and research. The Institute's mission is focused on sharing diagnostic and treatment protocols for the betterment of oral and systemic health.

The depth and breadth of knowledge Dr. Samaha shares enables her to be highly regarded for her enthusiastic presentations at medical and dental conferences on local and national levels. She is well-known for engaging and instructing fellow healthcare professionals in the mouth/body connection. Dr. Samaha is also sought-after by the media for her professional expertise.



Lisa Marie Samaha, DDS, PC

Creating beautiful smiles
in Hampton Roads
for over 28 Years



FREE Six Month Smiles® Consultation*

If You Want Straighter, Whiter Teeth and are Not Interested in Traditional Braces,
Call Our Office or Visit Our Website Today
to Set Up a Free Consultation With Dr Samaha

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